

JEFF E. BROOKS-HARRIS, Ph.D., ABPP

Counseling and Student Development Center, University of Hawaii at Manoa
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EDUCATION

DOCTOR OF PHILOSOPHY, Counseling Psychology (APA Approved).

The Ohio State University, Columbus, Ohio, 1990.

Dissertation: Changing men's male sex role attitudes and help-seeking attitudes.

MASTER OF ARTS, Counseling Psychology (APA Approved).

Southern Illinois University at Carbondale, Carbondale, Illinois, 1987.

Thesis: Moderate involvement and the elaboration likelihood model of attitude change.

BACHELOR OF ARTS, Psychology.

DePauw University, Greencastle, Indiana, 1984.

LICENSURE AND BOARD CERTIFICATION

PSYCHOLOGY LICENSE. State of Hawaii Department of Commerce and Consumer Affairs. License number PSY-539. License granted in 1994. (Previously licensed in Illinois since 1991)

BOARD CERTIFICATION. American Board of Professional Psychology.

Specialist in Counseling Psychology. Certificate granted in 2004.

AWARDS

Outstanding Teacher of Psychology, 2006, Hawaii Psychological Association.

PROFESSIONAL EXPERIENCE

PSYCHOLOGIST / FACULTY SPECIALIST

Counseling and Student Development Center, University of Hawaii at Manoa

August 1994 – present

PRACTICUM COORDINATOR (1997-2007)

TRAINING COORDINATOR (2004-2006)

OUTREACH COORDINATOR (1995-1999)

- Provide individual, couples, and group counseling to university students.
- Supervise pre-doctoral psychology interns and practicum students.
- Facilitate practicum, intern, supervision, and outreach seminars.
- Present educational workshops on diverse topics.
- Provide consultation and perform administrative duties.
- Serve on university committees and participate in community service.

ADJUNCT PROFESSOR

**Clinical Psychology, American School of Professional Psychology, Argosy University—
Hawaii, Honolulu, HI**

- Cognitive Behavioral Theory and Therapy (PP8010), Fall 2007.
- Psychodynamic Theory and Therapy (PP8030), Spring 2004, Spring 2005, Spring 2008.
- Clinical Supervision (PP7350), Summer 2004.
- Serve on Clinical Research Project committees, 2005, 2006.

AFFILIATE PROFESSOR

Clinical Studies, Department of Psychology, University of Hawaii at Manoa

- Peer Education Skills: Facilitating Prevention Workshops (PSY 479), Fall 2000.
- Psychotherapy Integration (PSY 774), Fall 1999.

GROUP COUNSELING INSTRUCTOR

Department of Educational Counseling, University of Hawaii at Manoa

- Group Counseling (EDCG 608), Spring 1997.

COUNSELING PSYCHOLOGIST

**Counseling Center, Southern Illinois University at Carbondale
September 1990 - August 1994**

- Provided individual, couples, and group counseling to university students.
- Coordinated outreach activities.
- Supervised and trained pre-doctoral psychology interns and practicum students.
- Facilitated educational workshops on diverse topics.
- Provided consultation and performed administrative duties.

ADJUNCT ASSISTANT PROFESSOR

**Department of Psychology, Southern Illinois University at Carbondale
August 1991 - August 1994**

- Workshop Design and Facilitation Practicum.

PREDOCTORAL PSYCHOLOGY INTERN

**University Counseling Center, University of Utah, Salt Lake City
September 1989 - August 1990**

- Provided individual, couples, and group counseling to university students.
- Supervised practicum students.
- Facilitated educational workshops.
- Designed a rape prevention program.
- Designed and taught a gender awareness class and taught other classes.
- Performed learning disability assessments.

PUBLICATIONS

- Brooks-Harris, J. E. (2008). *Integrative Multitheoretical Psychotherapy*. Boston: Houghton Mifflin.
- Brooks-Harris, J. E. (in press). "Integrative/Eclectic Therapy." In *The Encyclopedia of Counseling* (Vol. 1). Thousand Oaks, CA: Sage.
- Brooks-Harris, J. E. (in press). Ivey, Allen, E. In *The Encyclopedia of Counseling* (Vol. 4). Thousand Oaks, CA: Sage.
- Brooks-Harris, J. E. & Hamada, W. C. (2007). *Multitheoretical Counseling and Psychotherapy (Vol.V): Multicultural Counseling and Psychotherapy*. [videotape]. Hanover, MA: Microtraining Associates.
- Brooks-Harris, J. E. & Ivey, A. E. (2005). "Integrative Psychotherapy with Culturally Diverse Clients." In J. C. Norcross & M. R. Goldfried (Eds.), *Handbook of Psychotherapy Integration* (2nd ed.). New York: Oxford University Press.
- Brooks-Harris, J. E. & Oliveira-Berry, J. M. (2004). *Multitheoretical Counseling and Psychotherapy (Vol. IV): Psychodynamic Counseling and Psychotherapy*. [videotape]. Hanover, MA: Microtraining Associates.
- Brooks-Harris, J. E. (2002). "Saying Good-Bye Ten Years Later: Resolving Delayed Bereavement." In S. E. Cooper, J. Archer, & L. C. Whitaker (Eds.). *Case Book of Brief Psychotherapy with College Students*. New York: Haworth Press.
- Brooks-Harris, J. E. & Oliveira-Berry, J. M. (2002). *Multitheoretical Counseling and Psychotherapy (Vol. III): Experiential Counseling and Psychotherapy*. [videotape]. Hanover, MA: Microtraining Associates.
- Brooks-Harris, J. E. (2001). "Saying Good-Bye Ten Years Later: Resolving Delayed Bereavement." *Journal of College Student Psychotherapy*, 16, 119-134.
- Brooks-Harris, J. E. & Oliveira-Berry, J. M. (2001a). *Multitheoretical Counseling and Psychotherapy (Vol. I): Cognitive Counseling and Psychotherapy*. [videotape]. Hanover, MA: Microtraining Associates.
- Brooks-Harris, J. E. & Oliveira-Berry, J. M. (2001b). *Multitheoretical Counseling and Psychotherapy (Vol. II): Behavioral Counseling and Psychotherapy*. [videotape]. Hanover, MA: Microtraining Associates.
- Brooks-Harris, J. E. & Stock-Ward, S. R. (1999). *Workshops: Designing and Facilitating Experiential Learning*. Thousand Oaks, CA: Sage.
- Messina-Yauchzy, M., Brooks-Harris, J. E., & Gertner, D. M. (1998). *Teaching Men's Lives* (An Instructor's Resource Manual to accompany *Men's lives* (4th ed.) edited by M. S. Kimmel & M. A. Messner). Boston: Allyn & Bacon.
- Brooks-Harris, J. E., Heesacker, M., & Mejia-Millan, C. (1996). "Changing Men's Male Gender-Role Attitudes by Applying the Elaboration Likelihood Model of Attitude Change." *Sex Roles*, 35, 563-580.
- Heesacker, M., & Harris, J. E. (1993). "Cognitive Processes in Counseling: A Decision Tree Integrating Two Theoretical Approaches." *The Counseling Psychologist*, 21, 687-711.

PRESENTATIONS

- Brooks-Harris, J. E. (2007, January). *Multitheoretical psychotherapy: A new approach to integrative treatment and training*. Full-day continuing education workshop presented at the University of Illinois at Urbana-Champaign.
- Brooks-Harris, J. E. (2006, May). *Key strategies training: Translating psychotherapy theories into practical skills*. Program presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Los Angeles, CA.
- Brooks-Harris, J. E. (2006, May). *Multitheoretical psychotherapy: A new approach to integrative treatment and training*. Program presented at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Los Angeles, CA.
- Brooks-Harris, C. N. & Brooks-Harris, J. E. (2005, November). *Enhancing educational effectiveness: Group facilitation skills and experiential learning activities*. Workshop presented at the National Conference on Students in Transition, Costa Mesa, CA.
- Brooks-Harris, J. E. (2005, October). *Teaching psychotherapy skills using the key strategies training method*. Program presented at the annual meeting of the Association of Counseling Center Training Agents, Big Sky, MT.
- Brooks-Harris, J. E. (2004, October). *Cognitive-multicultural strategies*. In J. E. Brooks-Harris (Chair), *Culture-centered psychotherapy interventions: Adapting cognitive, behavioral, and interpersonal strategies*. Symposium conducted at the meeting of the Hawaii Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. (2004, July). *Integrative psychotherapy training at a university counseling center practicum*. Program presented at the meeting of the American Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. (2004, July). *Multicultural treatment planning*. In D. Altschul (Chair) Multicultural skills training: Operationalizing a treatment, training, and research model. Symposium conducted at the meeting of the American Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. (Chair) (2004, July). *Culture-centered psychotherapy interventions: Adapting strategies from five theoretical approaches*. Symposium conducted at the meeting of the American Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. & Oliveira-Berry, J. M. (2003, December). *Integrative treatment planning for brief therapy: A multitheoretical approach*. Program presented at the Brief Therapy Conference, San Francisco, CA.
- Brooks-Harris, J. E. (2003, October). *Facilitating cultural identity development*. In D. Altschul (Chair), *Multicultural skills training: Translating theory into practice*. Symposium conducted at the meeting of the Hawaii Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. (2003, October). *Using experiential strategies within an integrative, CBT, or psychodynamic framework*. In J. E. Brooks-Harris (Chair), *Experiential strategies for psychotherapy: Four examples with video demonstrations*. Symposium conducted at the meeting of the Hawaii Psychological Association, Honolulu, HI.

- Brooks-Harris, J. E. (2003, March). ***Experiential counseling: Key strategies for promoting adaptive feelings and personal growth***. Program presented at the meeting of the Hawaii Counseling Association, Honolulu, HI.
- Brooks-Harris, J. E. & Oliver, K. E. (2003, March). ***Integrative counseling and psychotherapy: Multitheoretical practice for multidimensional clients***. Program presented at the meeting of the Hawaii Counseling Association, Honolulu, HI.
- Brooks-Harris, J. E. (2002, December). ***Intentional multitheoretical psychotherapy: A new approach to brief integrative therapy***. Program presented at the Brief Therapy Conference, Orlando, FL.
- Brooks-Harris, J. E. (2002, October). ***Key strategies for multicultural psychotherapy: Translating theory into practice***. Program presented at the meeting of the Hawaii Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. & Brooks-Harris, C. N. (2002, October). ***Designing effective advising workshops: An experiential/learning styles approach***. Workshop presented at the meeting of the National Academic Advising Association, Salt Lake City, UT.
- Brooks-Harris, J. E. (2002, March). ***Skill-based psychotherapy integration: A microskills training method for counselors***. Full-day continuing education workshop presented at the meeting of the American College Personnel Association, Long Beach, CA.
- Brooks-Harris, J. E. (2002, March). ***Integrating and expanding your counseling and psychotherapy skills***. Workshop presented at the meeting of the American College Personnel Association, Long Beach, CA.
- Brooks-Harris, J. E. (2001, October). ***Skill-based psychotherapy integration: A microskills approach to training***. Program presented at the meeting of the Hawaii Psychological Association, Honolulu, HI.
- Brooks-Harris, J. E. (2001, March). ***Skill-based psychotherapy integration: A practicum training model***. Program presented at the National Counseling Psychology Conference, Houston, TX.
- Brooks-Harris, J. E. (2001, March). ***Workshop design and facilitation: An experiential learning model***. Program presented at the National Counseling Psychology Conference, Houston, TX.
- Brooks-Harris, J. E. & Brooks-Harris, C. N. (2000, October). ***Designing effective advising workshops: An experiential/learning styles approach***. Program presented at the meeting of the National Academic Advising Association, Orlando, FL.
- Brooks-Harris, C. N. & Brooks-Harris, J. E. (2000, October). ***Student-to-student advising: An innovative strategy for training peer advisors***. Program presented at the meeting of the National Academic Advising Association, Orlando, FL.
- Stock-Ward, S. R., & Brooks-Harris, J. E. (2000, April). ***Designing workshops with experiential learning activities***. Program presented at the meeting of the American College Personnel Association, Washington, DC.
- Brooks-Harris, J. E. (2000, March). ***Designing workshops with four types of learning activities***. Program presented at the meeting of the Hawaii Counseling Association, Honolulu, HI.

- Brooks-Harris, J. E. (1999, March). *Promoting experiential learning in group counseling*. Program presented at the meeting of the Hawaii Counseling Association, Honolulu, HI.
- Brooks-Harris, J. E., & Stock-Ward, S. R. (1997, August). *Designing psychoeducational workshops: An experiential learning styles approach*. Program presented at the meeting of the American Psychological Association, Chicago, IL.
- Brooks-Harris, J. E. (1997, March). *Promoting experiential learning in group counseling*. Program presented at the meeting of the American College Personnel Association, Chicago, IL.
- Shollenberger, K. G., Ideta, L. M., & Brooks-Harris, J. E. (1997, March). *Building community through the acceptance of diversity: The NCBI model*. Program presented at the meeting of the American College Personnel Association, Chicago, IL.
- Harris, J. E., & Stock-Ward, S. R. (1996, March). *Designing effective workshops on campus: An integrated learning styles approach*. Program presented at the meeting of the American College Personnel Association, Baltimore, MD.
- Harris, J. E., & Stock-Ward, S. R. (1995, March). *Workshop design and facilitation: An integrated learning styles approach*. Program presented at the meeting of the American College Personnel Association, Boston, MA.
- Harris, J. E., Kramer, L. A., & Stock-Ward, S. R. (1994, March). *The interaction of gender and emotions in counseling*. Program presented at the meeting of the American College Personnel Association, Indianapolis, IN.
- Harris, J. E., Nance, S. M., Geist, R. L. (1994, March). *Increasing your effectiveness as a workshop facilitator on campus*. Program presented at the meeting of the American College Personnel Association, Indianapolis, IN.
- Harris, J. E., Joy, R. H., & Davis, L. E. (1993, September). *Meeting the challenge of diversity programming: Using experiential exercises in diversity workshops*. Program presented at the Midwestern Conference on Diversity Issues and the Role of Counseling Centers, Urbana, IL.
- Harris, J. E., Davis, L. E., & Geist, R. L. (1993, March). *Training students and professionals to facilitate developmental workshops on campus*. Program presented at the meeting of the American College Personnel Association, Kansas City, MO.
- Gertner, D. M., & Harris, J. E. (1993, March). *Exploring masculinity: Experiential learning and teaching about men's issues*. Workshop presented at the meeting of the American College Personnel Association, Kansas City, MO.
- Harris, J. E., Gertner, D. M., & Lastition, M. (1992, March). *Exploring masculinity: Experiential exercises to help students explore men's issues*. Program presented at the meeting of the American College Personnel Association, San Francisco, CA.
- Summerfield, C., & Harris, J. E. (1992, March). *Beyond trying to score: Developing a male sexuality education program*. Program presented at the meeting of the American College Personnel Association, San Francisco, CA.

Harris, J. E., & Heesacker, M. (1990, August). *Changing men's attitudes about masculinity and help-seeking*. Paper presented at the meeting of the American Psychological Association, Boston, MA.

Harris, J. E., & Heesacker, M. (1989, May). *Does the need for counseling hinder counseling-relevant attitude change processes?* Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

Harris, J. E., Heesacker, M., Chapin, J. L., & Gilbert, B. J. (1989, May). *Cognitive consolidation and need for cognition influence cognition-attitude consistency*. Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

Harris, J. E., Heesacker, M., Elliot, T. R., & Howe, L. A. (1989, May). *The impact of work personality on productivity and job tenure in clothing factory workers: A follow-up study*. Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

Harris, J. E., & Heesacker, M. (1987, May). *Cognition in counseling: Integrating three theoretical approaches*. Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

Jinkerson, D. L., Heesacker, M., & Harris, J. E. (1986, May). *Thoughts about donating your organs: The good, the bad, and the ugly*. Paper presented at the meeting of the Midwestern Psychological Association, Chicago, IL.

PROFESSIONAL SERVICE

AMERICAN PSYCHOLOGICAL ASSOCIATION

APA Division 17 – Section on College and University Counseling Centers

2003-2007 – Chair of Practicum Training Committee

Internship Site Visitor, Office of Accreditation

November 2001 – University of Wisconsin-Madison Counseling Service

March 1997 – Washington State University Counseling Services

March 1997 – Texas Woman's University Counseling Center

AMERICAN COLLEGE PERSONNEL ASSOCIATION

Commission VII: Counseling and Psychological Services

1998-2005 – Workshop Central Web Site Editor

1995-1997 – Program Committee Co-chair

1994-1997 – Directorate Body Member

PRACTICUM NETWORK FOR UNIVERSITY COUNSELING CENTERS

2002-2007 – Moderator